

Breakfast and Lunch All Day



toast	6
country white/rye/soy linseed/wholewheat miche w/ butter & jam	
toasted melt on turkish	
tomato & cheese 7, ham & cheese 8, chicken & cheese 8 add avocado/ tomato/ bacon/ pineapple 2.5	
mews brekkie roll	10
w/ fried egg, bacon, tomato relish, baby wild rocket , roasted garlic aioli on a brioche	
eggs as you like (poached / scrambled / fried)	11
on sourdough toast	
mews granola ^{VG*}	15
w/ house baked granola, brazilian cupuacu coconut jelly, mango gel, seasonal fruit	
grilled peche (peach)	18
w/ baby wild rocket, chilli mango emulsion, pistachio dukkah, prosciutto, soft boiled egg, soy linseed toast	
crabs in black	20
w/ soft shell crab, salmon caviar, charred sweet corn, finger lime, celery, fried egg, black aioli, charcoal brioche	

smashed avo ^{V*}	17
w/ heirloom tomato, mango, poached eggs, chilli flake, basil oil, goat curd on soy linseed sourdough	
pumpkin garden ^{V*}	18
w/ roasted pumpkin, soft boiled egg, fetta, goat curd, pomegranate gel , pistachio dukkah, soy linseed crouton	
piggs benedict	18
w/ 8 hours slow braised pork, smashed peas, kim-chi, poached egg, pumpkin, soy linseed, sriracha hollandaise	
corn fritters ^{V*}	17
w/ avocado & tomato salsa, poached egg, goat curd, tomato relish, crispy leeks, fried tofu	
grilled halloumi stack ^{V*}	17
w/ spiced eggplant, heirloom tomato, cucumber, tomato relish, coriander, crispy quinoa, grilled halloumi, green balsamic, poached egg, sourdough toast	
r. u. vegan ^{VG*}	18
w/ roasted pumpkin, spiced cauliflower, roasted fennel, red onion, black rice, curry	

poke bowl	19
w/ miso flavored salmon, black rice, edamame bean, pickled mushroom, avocado, lotus chips, ponzu beurre blanc	
karaage chicken	18
w/ fried chicken breast fillet, iceberg slaw, mashed potato and egg salad, curry	
braised pork shakshuka	18
w/ eggs, red capsicum, tomato, chick peas, fetta cheese, pistachio dukkah, roti	
ricotta hotcake ^{V*}	16
w/ whipped ricotta, fresh berries, caramelized fig, fairy floss, maple	
mews beef burger	18
w/ grass fed beef, onion rings, lettuce, tomato relish, cheese, bacon, roasted garlic aioli, chips	
Sides	
poached egg / hash-brown/ grilled tomato / sautéed baby spinach	
	3
mushrooms/ avocado	
	4
pork sausage / grilled bacon	
	5
smoked salmon /grilled haloumi	
	6
sweet potato chips or potato chips basket w/ aioli	
	8

*** If you have any food allergy please advise us when ordering.
10% surcharge applies on public holidays. ***

Mews Signature Salads \$16 (*choice up to 3*)

super food salad ^{GF*VG*}

w/ roasted pumpkin, crispy quinoa, parsley, lentil, tomato, chick peas, onion, cucumber, chia seed, lemon vinaigrette

roasted cauliflower salad ^{GF*V*}

w/ spiced cauliflower, sundried tomato, red onion, kale, fetta, honey mustard dressing

roasted pumpkin ^{GF*V*}

w/ wild rocket, red onion, sundried tomato, fetta, quinoa, pomegranate, roasted pine-nuts, pesto dressing

vermicelli glass noodle & grilled chicken salad

w/ rice noodle, asian vegetables, herbs, grilled chicken, tree nut, sesame oil dressing

Singapore style hokkien noodle & chicken salad

w/ egg noodle, red capsicum, shangai sauce

Lebanese lentil salad ^{VG*}

w/ lentils, cous cous, chick peas, citrus dressing

*****add on***** chicken 4 grilled haloumi 6 avocado 4
smoked salmon 6

Fruit Salad Bowl ^{GF*V*} **13**

w/ mixed aussie farm fruits, natural yoghurt, honey, chia seed



Kid's Meal

bacon & egg on toast	7
grilled chicken burger & chips	10
flat head fish & chips	9
kid's fruit salad	7



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****Our eggs are FREE RANGE****

****We use SONOMA artisan sourdough bread****

MEWS
WEEKLY SPECIALS

****SPECIAL MEALS ARE
ONLY AVAILABLE
ON WEEKDAYS****

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